



**Present Tense Awareness © Equine Assisted Learning (EAL) FAQ's:**

***"We have tried everything. Nothing works! Does Present Tense Awareness© (PTA) instill respect in my child?"*** Like all living things, children need to feel safe, and comfortable from the inside out. When children are confident that their needs will be taken into consideration, they become more respectful. PTA teaches the power of connection, empathy & collaboration with all living things.

***"My child doesn't have any problems. What can my child gain from PTA or an Equine\Animal Assisted Learning (EAL\AAT) program?"*** All lives - young and old - are works in progress. Discovering a new passion, strength or talent provides room for growth and learning. PTA is all about self-awareness, creativity and experience and learning how to connect the dots in order to strengthen resilience and motivation.

***"What is PTA\ EAL & Horse Whispering?"*** PTA Natural Horsemanship & EAL provide a safe, non-judgmental space for self-discovery in which children experience and learn the art of kinship, unity and respect for horses. PTA\EAL teaches children and adults how to do this with humans, too.

***"My child is well behaved most of the time but can throw a fit for no reason. How will this help?"*** Every kind of behavior is a reaction or response to something. By becoming aware of and understanding horses, children and adults can also become better aware of their own feelings and needs and learn how to express themselves appropriately. PTA teaches that self-responsibility - understanding and changing the things we each can about our selves, has a positive ripple effect on all living things around us.

***"What if I have no -or tons of- horse experience?"*** PTA starts from the ground up. Riding is the very last step. Even the most experienced horseman can benefit from learning what it means to be an empathetic and self-aware human from the ground up.

***"How can PTA help me to better parent my child?"*** PTA is all about teaching life and problem skills. Most specifically: conscious communication - verbal and non-verbal. These tools and skills provide the foundation for improving parenting and virtually any life experience.

***"Can PTA solve all my problems with my family?"*** Relationships are the school of life. And families are universes in miniature. PTA provides problems solving tools and life skills that can be utilized in any situation by everyone. Once PTA skills and tools are learned - you and your child have an effective problem solving tool kit for life to share. "PTA prepares your family for any experience!"